

NYS Gymnastics Facilities - Owners United

REOPENING SAFETY PROTOCOLS

We remain committed to protecting our families and employees by creating a guide that will help prevent the spread of viruses

Phase 1 protocol as of 06/09/2020

PHASE 1
 Facility Opens
 Building Prepared
 Competitive Gymnasts Only

PHASE 2
 Phase 1 Policies loosened
 Limited Development
 Classes Resume at reduced ratios

PHASE 3
 Restrictions Loosened
 Resume Regular
 Programming

Reopening Protocol—PHASE 1

Employee Guidelines	<ul style="list-style-type: none"> -Employees will follow illness policy including temperature checks (over 100.4 no entry) and 24-hour wellness standards upon entering the facility in between classes and at the conclusion (as frequently as possible). -Employees will wash/sanitize hands upon entering facility & regular intervals. -Employees will adhere to PPE requirements as set forth by NYS. -Employees will have limited direct physical contact with children limiting to necessity for safety. -Employees will be educated and diligently trained on procedures and prepared to enforce all distancing protocols. -Employees travel will be monitored and isolation following travel will adhere to NYS recommendations. -Employees are not permitted to wear “outside” shoes within the training facility.
Building Preparation	<ul style="list-style-type: none"> -Disinfect and sanitize entire facility/workspaces in prep for ‘return to work’ using approved Covid -19 products. -Recommended products that are effective against Covid-19 will be used throughout each day. -Doors that can be propped open will be. Door handles will be wiped and cleaned after uses. -Hand Sanitizer stations throughout building accessible and monitored for refill. -Drinking fountains will be closed and students encouraged to bring water bottles. -Cubbies will be taken out of use. -One person at a time will be allowed in bathrooms which will be cleaned regularly.
Entering the Building Traffic Flow	<ul style="list-style-type: none"> -Drop Off/Pick Up encouraged; No more than 1 adult per athlete in the building with limited or no on-site viewing as mandated by NYS capacity restrictions. Masks are required. -All participants required to complete health screening interview before arrival. Temperatures will be checked and any participant who appears ill will be sent home. -Everyone will be required to sanitize/wash hands upon entering the facility. Athletes will be required to wash before and after training on each apparatus and upon dismissal. -Everyone will use the designated entrance to the building to control traffic flow.
Traffic Flow Physical Distancing Facility Ratio	<ul style="list-style-type: none"> -Facilities will follow social distancing guidelines per the CDC 6 feet markings throughout the facility. -Lobby will be monitored and limited to comply with NYSDOH policies. -Use signage as needed. -Live-streaming video viewing options are recommended. -250 sq. feet/athlete in the gym for teams; student ratios and stations will be modified in class programming. -Organize athletes/students into small group “pods” at reduced ratios.
During Practice	<ul style="list-style-type: none"> -Athletes should come dressed for practice and have their own backpack or drawstring bag to carry all gear including shoes with them during practice. Feet will be wiped down before entering the gymnastics floor. -Each athlete will keep their own chalk and their own spray bottle if they use them with their own grips and carry these in their personal backpack. -Coaches will remind athletes of proper hygiene, handwashing and social distance recommendations. -Lesson plans will be modified to omit partner activities. -Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student’s use. -Stations and activities will be modified to allow safe distance between athletes. Athletes will be assigned to a particular apparatus/equipment which will be wiped down after each rotation. -Employees will clean and disinfect training areas throughout the day.
After Class	<ul style="list-style-type: none"> -Everyone will use the designated exit from the building to control flow. No early entry or delayed departure. -Employees will begin disinfecting/sanitizing all areas immediately preparing for the next “pod.”.

*All policies subject to change as per Covid-19 policies and guidelines.