

Phoenix Gymnastics Open Cheerleading

Opening Night: Saturday October 4th 6:00 - 8:00pm

<u>High school Class</u>

~Ages 14 to 18 years old~ *Please bring parent or guardian to sign waiver* <u>Adult Class</u>

~Ages 18 and up~

Instructors are trained and experienced cheerleaders!

JOIN US EVERY SATURDAY forjust \$20 a class!

Pay as you go

Participants will learn and improve:



- ✓ Motions
- ✓ Techniques
 - ✓ Stunts
 - ✓ Jumps
- ✓ Tumbling



Join our Facebook group "Phoenix Gymnastics Open Cheer" for updates and more info.

Phoenix Gymnastics 222 Bethpage-Sweet Hollow Rd Old Bethpage, NY (516) 753-1125